



1st Sunday of Lent

6 March 2022 - Year C

"Filled with the Holy Spirit, Jesus was led by the Spirit through the wilderness where he was tempted."

Something to Think About

Have you ever been really hungry? How long did you have to wait before you had something to eat? Spend a moment to say a prayer for children around the world who are hungry and who may not have any food to eat today.

The Story

In the first week of Lent we always hear the story of Jesus' time in the wilderness where he is tested by the devil. Jesus went to the desert to make him stronger and to give him time to understand the focus of his mission on earth. The devil tested Jesus in all the ways he could think of, but Jesus did not give in. Then the devil went away.

The Scriptures

A reading from the holy Gospel according to Luke 4:1-13

When Jesus returned from the Jordan River, the power of the Holy Spirit was with him, and the Spirit led him into the desert. For forty days Jesus was tested by the devil, and during that time he went without eating. When it was all over, he was hungry.

The devil said to Jesus, "If you are God's Son, tell this stone to turn into bread." Jesus answered, "The Scriptures say, 'No one can live only on food.' "

Then the devil led Jesus up to a high place and quickly showed him all the nations on earth. The devil said, "I will give all this power and glory to you. It has been given to me, and I can give it to anyone I want to. Just worship me, and you can have it all." Jesus answered, "The Scriptures say: 'Worship the Lord your God and serve only him!' "

Finally, the devil took Jesus to Jerusalem and had him stand on top of the temple. The devil said, "If you are God's Son, jump off. The Scriptures say: 'God will tell his angels to take care of you. They will catch you in their arms, and you will not hurt your feet on the stones.' "

Jesus answered, "The Scriptures also say, 'Don't try to test the Lord your God!' " After the devil had finished testing Jesus in every way possible, he left him for a while.

The Gospel of the Lord. **Praise to you, Lord Jesus Christ.**



Video

Click to watch the video: The Temptation of Jesus

Group Discussion

The biggest part of the test Jesus faced was how to use 'power'. Jesus did not use his power to benefit himself but rather to please God. We all have power of some kind. What sort of power do you have to do good things in the world?

Praying For Others

Leader: Gathered as one with all creation, let us pray for the needs of the world. Reader 1: We pray for those who are struggling to make good choices. Lord hear us. All: Lord hear our prayer. Reader 2: We pray for those who are hungry. Lord hear us. All: Lord hear our prayer. Reader 3: We pray for faith to keep believing in Jesus. Lord hear us. All: Lord hear our prayer. Reader 4: We pray for strength to do what is right. Lord hear us. All: Lord hear our prayer. Reader 5: We pray that we will be grateful for all of God's gifts. Lord hear us. All: Lord hear our prayer. Invite the children to pray for their own special intentions. All: Lord hear our prayer. Leader: Loving God, listen to the prayers we make in the name of Jesus. All: Amen.

Prayer



God our Father, May we remember to pray to you whenever we are in trouble. Give us faith that you will always be there to help us. Amen.

Group Activity

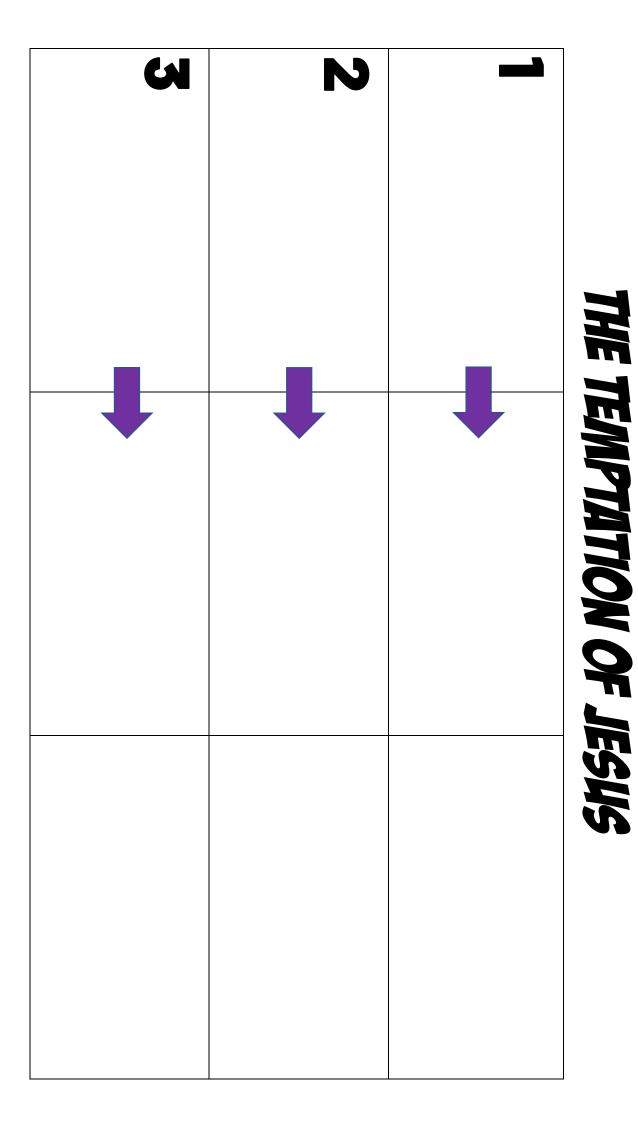
The Temptation of Jesus

You will need: the two-page worksheet for each child, scissors, glue.

- 1. Children cut out the pictures and paste them into the table. (The pictures are given in order).
- 2. Re-tell the story as the children cut and paste eg: the devil asked Jesus to turn a stone into bread, but Jesus said 'No!'



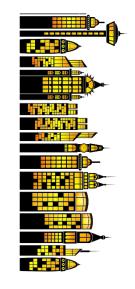








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Jesus said NO!







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Jesus said NO!

